Heat and Frost Insulators Local #34 Pension Plan

Return Completed forms to the Fund Office: Wilson-McShane Corporation 3001 Metro Drive – Suite 500, Bloomington, MN 55425 952-851-5948 or 800-535-6373

Application for Benefits

Part 1: Participant Information – Please print						
Name Last		First	Middle			
SSN DOB/	/ Proof of age re	quired (attach copy of b	irth certificate).			
Phone ()						
Street Address						
City	State	Zip				
Last Day Worked (In Covered Employment)/	/ Employer					
Marital Status: Single Married Divorced	Widowed					
 Please select ONE eligibility requirement that applies Age 52 or Later and Retired. Retired means you q Please note: Contributions made to the plan prior during that time. Cessation of Contributions – Must not have works behalf for a period of six (6) consecutive months. Disability Benefit – You must return the Certificat Alternate payee due to Qualified Domestic Relati Survivor Benefit (Due to Death) Age 62 In-Service Distribution Age 70 ½ - The April 1 following your attainment Part 2: Payment Election Benefits are payable in a Single Life Annuity or a is rejected in writing. Please indicate below which 	quit working with the inter <u>r to 11/01/2014 are subject</u> ed for an Employer obliga- tion of Disability form ions Order ("QDRO") to f age 70 ½ is considered Qualified Joint & 50%	ect to the rules of the plan ated to make contributio d your Required Beginnir Survivor Annuity unles	<u>ns that were in place</u> ons to the Plan on your ng Date under federal law.			
	-	<u></u>				
	Single Life Annuity Form of Payment					
Qualified Joint & 50% Survivor Annuity Qualified Optional Joint & 75% Survivor Annuity						
Lump sum payment of my entire bala						
A partial payment						
\$each	(Desired m	onth of distribution)				
Equal monthly installments for any p \$ each monthly		eding your life expecta	ancy			
Please check <u>one</u> of the following – (Note: If	you are separated, yo	ou are still legally mai	rried)			
 I swear I am not married and I choose to rejet I swear I AM married at this time and we chop ayment 	-	• • •	or Annuity form of			

Employee Statement: I understand that by rejecting the Qualified Joint & 50% Survivor Annuity form of payment, no benefits will be paid to my spouse by this Plan after my death, unless I elect another form of payment that may provide such benefit. I swear that the person co-signing this document is my legal spouse.					
nder the Qualified Joint & 50 Survivor Annuity, the monthly payments will be made to you as long as you are living. If you die efore your spouse, monthly payments will continue to be paid to your spouse in the form of a Survivor Annuity. These ayments will stop when the spouse dies. The amount of the monthly benefit to the surviving spouse will be 50% of the annuity ayment made while both spouses are alive. If you have further questions about this distribution option, please contact the and Office.					
Please check <u>ONE</u> of the following I am married and I hereby swear that the person co-signing the attached waiver form is my current legal spouse. I hereby swear that I am not legally married at this time or subject to a judgment by reason of divorce or separation. I hereby swear that I am unable to locate my spouse. (Additional proof or information is needed if you check this box.)					
ELECTION OPTION A: DIRECT ROLLOVER If you wish to rollover all or part of your distribution, complete this section.					
I hereby authorize a Direct Rollover of% of the portion of the distributio distribution. I authorize a Direct Rollover to another financial institution.	n which is qualified as an e	eligible rollover			
 Send check to me (made payable to the financial institution) and I will send to rollover institution Send check directly to rollover institution 					
This is (please check one): A qualified retirement Plan A (IRA) Traditional Individual Retirement Account A Roth Individual Retirement Account					
Name of Plan/Financial Institution	Account No				
Address: City:	State:	_Zip:			
ELECTION OPTION B: DIRECT PAYMENT TO YOU If you want all or part of your distribution paid directly to you, complete t	his section.				
I authorize a Direct Payment to ME. I understand the money I receive directly for federal income tax withholding. I may also be liable for state income tax on the enclosed Special Tax Notice.	-				
PLEASE READ					
If you would like to receive your payment via direct deposit to your bank account, you must contact John Hancock directly at 1-833-38UNION during the hours of 8:00 AM – 10:00 PM ET whenever the stock market is open or via their website at <u>www.myplan.johnhancock.com</u> to provide your banking information.					
Signature:					
X Participant Signature Dat	te				

WAIVER OF JOINT AND SURVIVOR FORM OF BENEFIT

IF YOU ARE MARRIED, your SPOUSE must complete and sign this page in front of a notary or plan representative. IF YOU ARE SINGLE, SKIP THIS PAGE.

State of	
County of	
	, before me came cuted the foregoing statement and who acknowledged to
	or
Notary Public	Signature of Designated Plan Representative
(Seal)	

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For Office Use Only:		
Date of Termination:		
x		
Administrator's Signature	Date	
Form ID (Check Appropriate Box):		
5004 (Age 62 In-Service) 5017 (Normal Lump Sum)	5022 (Normal Partial)	
5018 (Age 70 ½) 5031 (QDRO)		